

## Dawna M. Roberts

### Author of Real Life and Relationships Don't Mix



Dawna M. Roberts was born and raised in New Hampshire. Due to various traumas, Dawna had difficulty forming healthy relationships. As a result, she spent years working with many therapies to heal the broken parts of herself. She eventually established deep and lasting roots in spiritual healing and mindful living.

Since she was 14, Dawna has wanted to help others through writing. “Real Life and Relationships Don’t Mix” is her answer to that goal. Dawna wrote, illustrated, and published a children’s book in 2022 (Emily and the Magic Box), and she is currently working on a parenting book and another about healthy eating.